

*If you're grieving the loss of a loved one,
our horses can help you process your
grief and find a path to healing.*



Horses are extremely sensitive to behaviors and emotions. They will react without judgment and provide a sense of comfort and peace. Exploring your grief with a horse(s) in nature can help you process your grief and restore hope.

Utilizing the healing power of horses combined with the stress reduction benefits of being outdoors will help those grieving the loss of a loved one due to the COVID-19 pandemic. Our facilitators are licensed Mental Health Professionals and certified Equine Specialists.

- Sessions are FREE of charge March 1 – April 30, 2021
 - Individuals and groups are welcome
 - Covid safety guidelines will be followed

For more information about our Grief Support Program, please call JoAnn Woodruff at 631-348-1389 or email her at frontoffice@pal-o-mine.org. You can also visit us online at www.pal-o-mine.org.

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