



Our Herd is All-In for Our FALL-IN FRIDAYS



For all their size and strength, horses are incredibly sensitive and perceptive. They don't have verbal communication, so learning how to communicate with a horse through body language, one also learns how to better understand him or her self. The bond between horse and human is based on trust and respect, and this relationship can help enhance relationships with people.

Every FALL-IN FRIDAY session will be a unique experience. Activities include practicing horsemanship skills, learning basic horse care, learning to lead a horse, and playing games with the horses.

Sessions are facilitated by Licensed Mental Health Professionals and Equine Specialists who have specialized training and experience in the military community.

Benefits of Fall-In Friday Sessions:

Comradery with other veterans
An opportunity to "do" rather than talk
Be in nature in a non-threatening environment
HAVE FUN!

Open to: Veterans, Active Service Members, First Responders, Firefighters, Police, and their families.

Cost: FREE

Scheduled Dates:

June 25, 2021
July 23, 2021
August 27, 2021
September 24, 2021
October 29, 2021
November 26, 2021

Time:

10:00 am – 11:00 am

Location:

Pal-O-Mine Equestrian
829 Old Nichols Road
Islandia, New York 11749