



Service to Self, Service to Others.

STAND-TO SUNDAY

**WELLNESS • HORSEMANSHIP
FITNESS • GIVE-BACK • BUILD A BOND**

**February 13/March 13/April 10
1000-1100**

**829 Old Nichols Road, Islandia, NY 11749
Military@Pal-O-Mine.org
631-348-1389**

