Pal-O-Mine's Military & First Responder Programming

Fall-In-Friday

Build Horsemanship Skills and Connect with Horses

Learn effective training methods while forming a meaningful bond with your equine partner.

Drop in event every Friday, 1000-1100
from Sept 11 through Dec 18, 2026
No sessions Nov 6, 27 and Dec 11

Open to veterans, active-duty service members, and first responders.

There is no riding.

Equine Assisted Psychotherapy and Equine Assisted Learning

Pal-O-Mine offers short term Equine Assisted Psychotherapy to individuals, couples and families. Sessions are facilitated by NYS Licensed Mental Health Professionals and Certified Equine Specialists. We are a Certified Eagala Military Designated facility, which ensures that our staff has the education, training and experience to provide mental health services for the military and first responder community. No riding involved. Sessions are action, not talk.

Equine Assisted Learning is available to adult groups and individual children interested in enhancing their internal resources and coping

Roping For Service

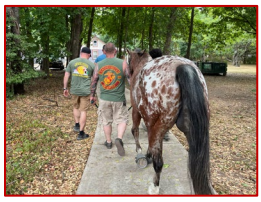
Learn to rope from the ground up!
No riding experience needed.

Instruction at Pal-O-Mine Equestrian
by Slick Horns Horsemanship

All Military and First Responder programs are at NO COST to participants thanks to grants and donations. For more information about our programs, contact us at military@pal-o-mine.org

FAMILY PROGRAMS

Stand to Sunday, March with the Minis and **Salute to Caregivers** offers family farm activities designed to uplift and connect.



Overnight Retreats

Enjoy hands-on experiences designed to recharge your mind and body. Equine-assisted activities and much more! Onsite lodging available.

829 Old Nichols Road
Islandia, NY 11749
631-348-1389
www.pal-o-mine.org

Pal-O-Mine Equestrian
Est 1995